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I. Results of the Board Meeting from 13th December 2012-Amsterdam

Last EPSI Board Meeting, organised in Amsterdam on December 2012, resulted in concrete decisions regarding EPSI's futures activities. The board members agreed on a specific action plan for 2013 entailing a revision of the research working committee (RWC) work plans as well as an active engagement in different new projects and directions.

✓ In this respect and as per the revision of EPSI RWC, it was agreed to organize a workshop in Lyon on 1st of March 2013 to redefine objectives and in coordination with the members needs better define how could EPSI bring the expected added values

For ease of reference, EPSI RWC are presently divided in the following categories

1. **The Consumer**-chaired by IBV (Spain) www.ibv.org
 - User needs
 - Social trends
 - Biomechanics, physiology, morphometry, anthropometry

2. **Materials and Technologies**-chaired by TU Delf (The Netherlands) www.TUdelf.nl
 - (New) Materials, smart textiles, nano-materials, etc
 - Sensors, Actuators & control
 - Design
3. **Processes**-chaired by Assosport (Italy) www.assosport.it
 - Manufacturing
 - Customization (from shop to delivery)
 - Environment and sustainability
4. **Sport Information System**-chaired by Sporaltec (France) www.sporaltec.fr
 - Sport training/personal coaching
 - Physical gaming in sport
 - Social networking
5. **Knowledge Transfer and Dissemination**-chaired by FESI (Belgium) www.fesi-sport.org
 - Education
 - Pre-standardisation
 - Networking

Please make sure to register for the free of charges workshop in Lyon on March 1st 2013 directly with :

- Séverine SABOT' : severine.sabot@sporaltec.fr
- Timothee Silvestre : timothee.silvestre@sporaltec.fr
- Alain Belli : alain.belli@chu-st-etienne.fr

II. Projects

✓ Healthy Motus Project

The **HEALTHY MOTUS (HM)** project-proposal aims at developing and exploiting Workplace Health Promotion (WHP) for a future pan-European social innovation endeavour intending to create general profound impact on healthier lifestyles.

Proposal full title:	Promoting healthy lifestyles in work environments through social innovation
Proposal acronym:	HEALTHY MOTUS
Duration:	42 months

Type of funding scheme:	Collaborative project (CP)
Work programme topics addressed	HEALTH-2013.3.3-1. Social innovation for health promotion
Name of the coordinating person:	Name: Bernardo Valdivieso IIS La Fe, Valencia Spain e-mail: valdivieso_ber@gva.es

HM pursues an experimental and evidence-based approach through the use of Information Communication Technologies with four pilots (FI, IT, NO, SP) based on existing innovative solutions that will be developed further and integrated into a comprehensive and documented concept capable of being localized and implemented in various types of societal systems.

HM will explore and identify effective interventions evaluating the impact on health and social innovation, paying attention to enablers and barriers, and create a European Label for “Healthy Place to work”. The pilots will involve around 2000 workers in complex multi-components interventions for health promotion derived from the workplace. In order to assess the impact of these interventions on employees’ health and social innovation, a pre-test post-test evaluation will be developed.

Evaluation will also include quantitative and qualitative approaches for social and clinical indicators, lifestyle, and health outcomes. Common main outcomes to all the pilots as physical activity, body composition, health related quality of life or sick leaves will be measured. The best and most effective practices will be compiled into a transferable concept within the "coproduction of health" paradigm and serve as reference for the European Label “Healthy Place to work”.

Through social innovation in the work place, companies and employees will benefit from different interventions focused around physical activity and health, which will improve employee health status, company productivity and society itself.

HEALTHY MOTUS consortium has identified the following **Scientific Objectives (SO)**:

SO1. Demonstrate the **impact on the health status of employees** after conducting workplace (or worksite) interventions

SO2. **Identify and promote the use of good practices**, paying specific attention to the drivers that promote the individuals behaviour change. Sustainability, economic, motivational or cultural factors shall be also included.

SO3. Create a **‘Healthy Place to Work’ label**, guidelines and a well-defined methodology to assess its proper achievement.

SO4: Create an **evidence-based and best practice descriptions** for implementing social innovation in healthier lifestyle, healthier production, healthier workforce, and healthier citizens in a European context.

The consortium is also aiming towards a unique but complex **Technical Objective:**

TO1. Co-design and co-create a user-friendly, technology-enabled platform that encourages the promotion of physical exercise and healthy lifestyle within the work environment. This platform will collect on-going experiences, show existing evidence and provide tools for companies to achieve the ‘Healthy Place to Work’ label.

✓ **Prosumer Net Final Conference**—“*Known and Unknown Innovation Champions of the European Consumer Goods Industry*”



As per attached flyer, the conference will be held on **27-28 May 2013** in **Brussels**, at **hotel Stanhope** (9 Rue du Commerce). The organiser is EURATEX on behalf of the Prosumer.NET consortium.

While we again kindly ask you to register with Lutz Walter : Lutz.Walter@euratex.eu for this exceptional gathering of the broad consumer goods products research and innovation experts please find hereafter the Conference main objectives

Conferences objectives:

- Inform high-level policy makers a wider public about the PROsumer.NET results.
- Present and discuss future public support policies and programmes for the consumer goods industry.
- Announce project follow-up actions to further build the European Consumer Goods Research Initiative.
- Showcase real life examples or disruptive business innovations from the different consumer goods sectors.

III. Possible New Member

We are happy to inform you that EPSI is discussing with Western Europe Office (WEO) of the Industrial Technology Institute (ITRI). This institute expressed his interest in collaborating with EPSI. At this moment we are waiting for the application form and after that will follow the discussion with the board members regarding their application.

Industrial Technology Research Institute (ITRI) is a non-profit research and development organization engaging in applied research and technical services. ITRI's European office in Berlin was inaugurated in 1996. It initiates and streamlines cooperation with European R&D and innovation stakeholders. Starting with the machinery industry as its major focus, its scope has expanded to application domains such as smart manufacturing, ambient-assisted living, green ICT, renewable energy, healthcare services, and other cross-disciplinary innovations.



For further information you can access:

<http://www.itri.org.tw/eng/econtent/about/about01.aspx>

IV. Communication and PR

As already anticipated EPSI will be at ISPO www.ispo.com with a dedicated stand.

EPSI will expand on the three projects that started within EPSI community:

- **Profit Project** (www.profitproject.eu): a public private project to expand the original Dutch concept of “field lab for sport and play activities” to other EU regions and cities
- **EU4Sports cluster**: a project that aims to facilitate the internationalisation of European SMEs dedicated to sports using clusters as a tool.
- **Prosumer.net** project: (www.prosumernet.eu): a technology road mapping project bringing together 5 European Technology Platforms all related to the design-based consumer goods industry in which EPSI is one of the partners. Later this year we will organise an event to discuss the results of the project with the EPSI community.

